



**fresh. local. organic.**  
1316 N. 4TH ST. COEUR D'ALENE | (208) 676-9730 | PILGRIMSMARKET.COM OPEN EVERYDAY 8AM- 9PM



**Good 12/27/24 Thru 1/28/25**

**Rishi**  
Organic Tea  
English Breakfast  
15 BAG

**\$5.89**  
Regular Price \$9.59



**Second Nature**  
Wholesome Nut  
Medley  
14 OZ

**\$8.29**  
Regular Price \$12.29



**Barbara's**  
Cheese Puffs  
Original  
7 OZ

**\$2.89**  
Regular Price \$4.29



**Suzie's**  
Organic Saltines  
Salt & Extra Virgin  
Olive Oil  
8.8 OZ

**\$4.19**  
Regular Price \$6.49



**Base Culture**  
Gluten Free Bread  
Original Keto  
16 OZ

**\$6.79**  
Regular Price \$10.49



**Live Love Pop**  
Truffle Salt Popcorn  
4.4 OZ

**\$3.69**  
Regular Price \$5.49



**Crown Prince**  
Kipper Snacks  
Low Sodium  
3.25 OZ

**\$2.79**  
Regular Price \$4.19



**Maria And Ricardo's**  
White Flour  
Tortillas  
Soft Taco Size  
8 CT

**\$3.99**  
Regular Price \$5.49



**Zevia**  
Zero Calorie Energy  
Drink  
Kola  
12 FL OZ

**\$1.59**  
Regular Price \$2.19



**True Nopal**  
Cactus Water  
Prickly Pear  
16.9 FL OZ

**\$2.49**  
Regular Price \$3.29



**Just Ice Tea**  
Organic Oolong  
Tea, Peach  
16 FL OZ

**\$1.99**  
Regular Price \$2.79



**Tejava**  
Iced Black Tea  
Original  
1 LTR

**\$2.99**  
Regular Price \$4.29



**Kettle Brand**  
Potato Chips  
Sea Salt & Vinegar  
13 OZ

**\$4.69**  
Regular Price \$6.89



**Barbara's**  
Puffins Cereal  
Peanut Butter  
11 OZ

**\$4.49**  
Regular Price \$6.59



**Zoup! Good, Really Good**  
Bone Broth  
Chicken  
32 OZ

**\$5.19**  
Regular Price \$7.59



**Culina**  
Plant-Based Yogurt  
Bourbon Vanilla  
5 OZ

**\$3.99**  
Regular Price \$4.29



**Desert Pepper Trading**  
Cantina Salsa  
Medium Red  
16 OZ

**\$3.39**  
Regular Price \$4.59



**Beanitos**  
Black Bean Chips  
Original OMG Sea Salt  
5 OZ

**\$3.99**  
Regular Price \$5.59



**Miyoko's Creamery**  
Organic Vegan  
Cream Cheese  
Classic Plain  
8 OZ

**\$4.69**  
Regular Price \$5.49



**Miyoko's Creamery**  
Organic Plant Milk  
Butter  
Salted  
8 OZ

**\$4.59**  
Regular Price \$5.29



**Drumroll**  
Mini Chocolate  
Donuts, Plant Based  
2.6 OZ

**\$2.89**  
Regular Price \$3.39



**G2g Bar**  
Protein Bar, Peanut Butter  
Chocolate Chip  
2.47 OZ

**\$2.19**  
Regular Price \$2.69



**Zen**  
Organic Almondmilk  
Pudding  
Chocolate  
4/3.5 OZ

**\$4.99**  
Regular Price \$5.99



**Lifeway**  
Organic Whole  
Milk Kefir  
Plain Unsweetened  
32 FL OZ

**\$4.49**  
Regular Price \$5.79



**Nixie Sparkling Water**  
Organic Soda,  
Zero Sugar, Root  
Beer  
12 FL OZ

**\$1.89**  
Regular Price \$2.29



**Kin Euphorics**  
Lightwave Grounding  
Calm  
8 FL OZ

**\$2.99**  
Regular Price \$3.59



**Kitu**  
Super Coffee, Vanilla  
12 FL OZ

**\$2.99**  
Regular Price \$3.59



**Popadelics**  
Mushroom Chips,  
Rosemary Salt  
1.4 OZ

**\$4.29**

Regular Price \$5.79



**Mavuno Harvest**  
Organic Cashews  
Roasted with Sea Salt  
4 OZ

**\$4.29**

Regular Price \$5.79



**Bare Fruit**  
100% Organic  
Apple Chips  
Fuji & Reds  
3 OZ

**\$4.99**

Regular Price \$6.89



**Wholesome**  
Allulose  
Zero Calorie Sweetener  
12 OZ

**\$8.39**

Regular Price \$11.39



**Lenny & Larry's**  
Complete Cookie  
White Chocolate  
Macadamia  
4 OZ

**\$1.99**

Regular Price \$2.69



**Earth Balance**  
Natural Peanut Butter  
and Flaxseed  
Creamy  
16 OZ

**\$5.39**

Regular Price \$7.29



**Carrington Farms**  
Cooking Oil  
Coconut  
16 FL OZ

**\$10.99**

Regular Price \$14.89



**Zing Bar**  
Vitality Bar  
Dark Chocolate  
Cherry Almond  
1.76 OZ  
1 ea.

**\$1.99**

Regular Price \$2.69



**Madhava Honey**  
Organic Vinegar  
Red Wine  
16.9 OZ

**\$3.89**

Regular Price \$5.19



**Rufus Teague**  
BBQ Sauce  
Honey Sweet  
16 OZ

**\$6.79**

Regular Price \$8.39



**Alkaline88**  
Alkaline Water  
8.8 pH  
1 GAL

**\$4.59**

Regular Price \$5.69



**Madhava Honey**  
Avocado Oil  
16.9 OZ

**\$11.59**

Regular Price \$15.59



**Richard's Rainwater**  
Sparkling Water  
12 FL OZ  
1 ea

**99¢**

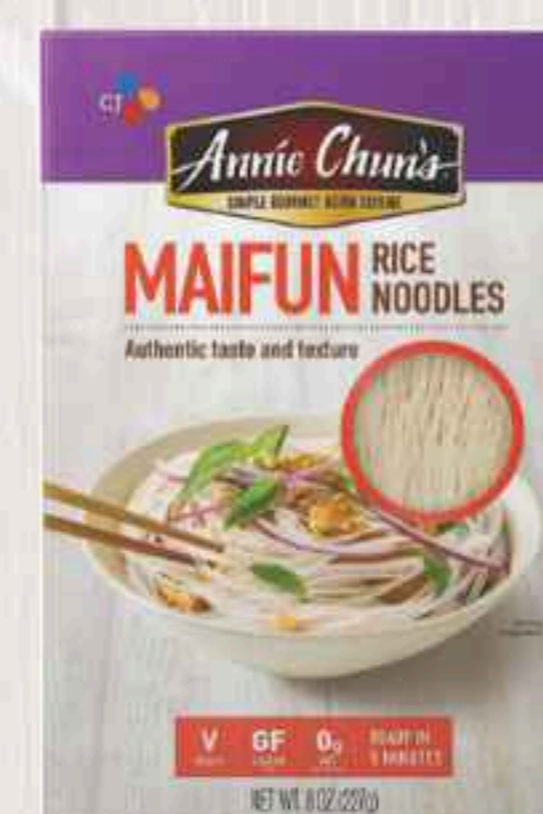
Regular Price \$1.19



**Annie Chun's**  
Rice Noodles  
Maifun  
8 OZ

**\$3.29**

Regular Price \$4.39



**Palmini**  
Vegetable Pasta  
12 OZ

**\$3.19**

Regular Price \$4.49



**Somos**  
Mexican Black  
Beans  
10 OZ



**\$3.19**  
Regular Price 4.39

**Quorn Foods**  
Meatless Grounds  
Beef Style  
12 OZ



**\$4.69**  
Regular Price \$6.49

**Probar**  
Meal Bar  
Peanut Butter Chocolate  
Chip  
3 OZ



**\$2.69**  
Regular Price \$3.49

**Think!**  
High Protein Bar  
Creamy Peanut Butter  
2.1 OZ



**\$2.79**  
Regular Price \$3.39

**Buddy Fruits**  
Fruit Pouch,  
Mango Passionfruit  
3.2 OZ



**99¢**  
Regular Price \$1.39

**No Cow Bar**  
Protein Bar  
Chocolate Chip Cookie  
Dough  
2.12 OZ



**\$2.39**  
Regular Price \$3.29

**Deep**  
Naan Pizza,  
Spinach  
Paneer  
8.5 OZ



**\$4.39**  
Regular Price \$5.89

**Blue Dragon**  
Wrappers  
Spring Roll  
4.7 OZ



**\$2.29**  
Regular Price \$3.19

**Celtic Sea Salt**  
Celtic Sea Salt  
Light Grey  
1 LB



**\$6.29**  
Regular Price \$7.79

**Ecover**  
Toilet  
Cleaner  
25 FL OZ



**\$3.69**  
Regular Price \$5.19

**your local, award-winning natural foods store!**

**PILGRIM'S MARKET**  
Est. 1999

**BEST OF 2021**  
SUPPLEMENT STORE  
THE BUSINESS JOURNAL  
of North Idaho

**BEST OF 2021**  
HEALTH FOOD STORE  
THE BUSINESS JOURNAL  
of North Idaho

**BEST OF 2021**  
SPECIALTY GROCERY  
THE BUSINESS JOURNAL  
of North Idaho

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.