

Curriculum Vitae

Bill Misner Ph.D.

INTRODUCTION

I chose this profession because I was elected to accept (not reject) this free gift, God's son, Jesus Christ, I breathe and live and enjoy living. I made other choices based on a personal motive and circumstance that directly resulted in improved health and endurance performance. As a passion I chose to share these findings.

ACADEMIC QUALIFICATIONS

HARVARD MEDICAL SCHOOL CME'S 2008

1. **Metastatic Case Studies in Prostate, Breast, Colorectal, and Lung Cancer** 5 AMA/PRA Category-1 Credits
2. **Liability Issues in Complimentary, Alternative, and Integrative Medicine** 1 AMA/PRA Category-1 Credits
3. **Topics in Rheumatology: The Swollen Joint** 2 AMA/PRA Category-1 Credits
4. **Chronic Hepatitis C: A Multifaceted Disease** 2 AMA/PRA Category-1 Credits

YALE MEDICAL SCHOOL CME'S 2008

1. **Diabetes 2007 Volume 15** 5.5 AMA/PRA Category-1 Credits
2. **Diabetes 2007 Volume 16** 5.5 AMA/PRA Category-1 Credits

UNIVERSITY OF ALABAMA MEDICAL SCHOOL CME'S 2008

57 AMA/PRA Category-1 Credits

UNIVERSITY OF WASHINGTON MEDICAL SCHOOL CME'S 2008

3 AMA/PRA Category-1 Credits

VANDERBILT MEDICAL SCHOOL CME'S 2008

5 AMA/PRA Category-1 Credits

**2004-2007: AAMA Board Certified Alternative Medicine Practitioner
American Alternative Medical Association Commission on Certification
Certification #38272409**

**1996 Ph.D. Holistic Nutrition (Highest Honors 4.0 GPA)
M.S. Holistic Nutrition (Honors 3.87 GPA)
American Holistic College of Nutrition¹ Accredited^{2 3 4}
Birmingham, Alabama**

**1994 Contract Staff, Certified Athletic Trainer
Eastern Washington University, Cheney, Washington**

**1984-86 CSMT (Graduate Athletic Trainer Internship)
Eastern Washington University, Cheney, Washington
Gonzaga University, Spokane, Washington**

¹ Clayton College of Natural Health (member United States Distance Learning Association)
2140 11th Avenue South, Suite 305 · Birmingham, AL 35205 <http://www.ccnh.edu>

² World Association of Universities and Colleges (during CCHN term)

³ American Association of Drugless Practitioners

⁴ American Naturopathic Medical Certification and Accreditation Board

1962 B.S. (Honors) Physical Education, Athletic Training - English
Indiana University, Bloomington, Indiana

DISTINCTIONS:

FACULTY ALTERNATE 2006-present
New York Chiropractic College Masters A.C.N. Nutrition Program
http://www.nycc.edu/AcademicPrograms_MSACNprogram.htm

AMERICAN FITNESS PROFESSIONALS AND ASSOCIATES ADVISORY BOARD 2006-present
<http://www.afpafitness.com/>

PILGRIMS NUTRITION ADVISORY BOARD 2006-present
http://www.pilgrimsnutrition.com/retailer/store_templates/shell_id_1.asp?storeId=68455BAE04A643C8BE15864A21250802

INTERNATIONAL HIGH IQ SOCIETY 2007 (High Test Score 140)
http://www.highiqsociety.org/iq_tests/

American Society of Exercise Physiologists 1996-2003
Associate Editor, Metabolic Responses to Exercise
<http://www.css.edu/users/tboone2/asep/fldr/fldr.htm>

1998-2006 Journal of Endurance (J.O.E.) Editor
<http://www.e-caps.com/>

Qualified/Certified Sports Medicine Trainer
{Advanced Certification Rating 1992-present}
American Sports Medicine Association {^Q-C.S.M.T.}

Certified Sports Medicine Trainer {C.S.M.T.}
American Sports Medicine Association 1984-1991

1985-1986 - Head Athletic Trainer, Spokane Fury Professional Football Team

American Society of Exercise Physiologists
Associate Editor
Metabolic Responses to Exercise
1996-2003
<http://www.css.edu/users/tboone2/asep/fldr/fldr.htm>

PAST POSITION PRIOR TO RETIREMENT:
Director Research & Product Development
EMG (E-CAPS & HAMMER NUTRITION LTD.)
4952 Whitefish Stage Road
Whitefish, Montana, 59937
1-800-336-1977
<http://www.e-caps.com/>

ATHLETIC HONORS

2007 PBAA Top 15 Perimeter Cyclists – All Time World Ranking 13th
2006 PBAA Top 15 Perimeter Cyclists – All Time World Ranking 14th
2005 PBAA Top 20 Perimeter Cyclists – All Time World Ranking 16th
2002-2004 PBAA Most Mountain Perimeter Cycling World Records (18)
1998 - Two World Records (1) 10,000 miles (2) 20,000 kilometers c in the “*Million Mile Ultra.*”
(*First person in recorded history to run 10,000 miles and 20,000 kilometers in an organized running event.*)

1996 – USCF Washington State Hill Climb Champion ages 50-59
1995 - USCF Cycling Regional Road Race Champion ages 50+
1995 - USCF Cycling Washington State Road Race Champion ages 50+
1994 - USCF Cycling Washington State Road Race Champion ages 50+
1992 - USA Masters National Champion 4 X 800 meters USA TF Track and Field
1991 - USA Masters 50-mile National Champion ages 50+
1991 - USA Masters 12-hour National Record Masters age group 50-54
1990 - USA Masters 24-hour runner-up National Championships (21st Place USA)
1989 - USA Masters 50-mile National Champion ages 40+
1985 - USA 20-mile National Record Masters age group 45-50

PUBLICATIONS

Book: *What should I eat – A food-endowed prescription for well being.* 2008 unavailable @ publisher.

Book: NUTRITION FOR ENDURANCE: FINDING ANOTHER GEAR, Dolezal & Associates Publishing, Livermore California, 1998.

ORIGINAL RESEARCH - PEER-REVIEW JOURNALS

Misner B., & Cranton E., Endurance Performance Gains Following Intravenous EDTA Chelation Therapy In A Healthy 60-year Old Athlete. *CLINICAL PRACTICE OF ALTERNATIVE MEDICINE*, Volume 2, Number 2, Summer 2001: Pages 135 & 136. http://www.acam.org/summer_2001.php

Bagchi D, Misner B, Bagchi M, Kothari SC, Downs BW, Fafard RD, Preuss HG. Effects of orally administered undenatured type II collagen against arthritic inflammatory diseases: a mechanistic exploration. *Int J Clin Pharmacol Res.* 2002;22(3-4):101-10.
PMID: 12837047 [PubMed - indexed for MEDLINE]
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&list_uids=12837047&dopt=Abstract

Misner, B. Food alone may not provide sufficient micronutrients for preventing deficiency. *Journal of the International Society of Sports Nutrition.* 3(1):51-55, 2006.
http://www.sportsnutritionistsociety.org/site/journal/abstract.php?article_id=59

Misner B. Food May Not Provide Sufficient Micronutrients To Avoid Deficiency. *Townsend Letter for Doctors & Patients - The Examiner Of Medical Alternatives.* April 2005.
<http://www.townsendletter.com/>

Misner B. A Novel Device Reduces Spoilage from Aerobic Bacterial Growth in Refrigerated Apples *Townsend Letter for Doctors & Patients* October 2005 #267; page 71.
<http://www.townsendletter.com/Oct2005/noveldevice1005.htm>

Misner B., Does Glutathione Enhance Exercise Performance? - A Case Study. *The Townsend Letter For Doctors & Patients.* July 2003:66. <http://www.townsendletter.com/>

Misner B. “Does the Growth Rate of Aerobic Bacterial Cells in Organic Plant Foods Reflect the Health Potential of that Food in Human Cells?” *Townsend Letter for Doctors & Patients - The Examiner Of Medical Alternatives.* August/September 2004: 78-80.
<http://www.townsendletter.com/>

**BRITISH MEDICAL JOURNAL & CANADIAN MEDICAL ASSOCIATION
JOURNAL** PUBLISHED RESPONSES

BRITISH MEDICAL JOURNAL

Vitamin D deficiency from whole foods confirmed. Bill D. Misner Ph.D. 5 March 2005. Reviewing vitamin D deficiency BMJ 2005; 330: 0-d.

<http://bmj.bmjournals.com/cgi/content/full/330/7490/0-d>

Bill D. Misner. Food Consumed Does Not Supply 100% RDA/RDI level Micronutrients? 11 February 2005

<http://bmj.bmjournals.com/cgi/eletters/330/7487/347#96484>

Bill D. Misner. Standards Of Care - Review the Morbid Results. Rapid Response. bmj.com, Complementary medicine must prove its worth. Charles Marwick. 20 Jan 2005 [\[Full text\]](#)

<http://bmj.bmjournals.com/cgi/content/extract/330/7484/166>

Bill D. Misner Ph.D. Polymeal The Ideal 1-Day Menu. Design a Polymeal BMJ 2004; 329: 0-f. 17 December 2004.

<http://bmj.bmjournals.com/cgi/eletters/329/7480/0-f>

Bill D. Misner Ph.D. Time For Change? bmj.com, [\[Full text\]](#), 25 Jun 2004.

<http://bmj.bmjournals.com/cgi/content/full/328/7455/1533?etoc>

Bill D. Misner Ph.D. Breast Cancer Hormone Profile: Is there a simple answer in plain view? (4 June 2004). Janice Hopkins Tanne Daily aspirin reduces risk of breast cancer, study finds,

<http://bmj.bmjournals.com/cgi/eletters/328/7452/1336-c>

Bill D. Misner. Age Versus Performance. Transition Times. OnLine @:

<http://www.transitiontimes.com/viewstory.cfm?ID=4535>

Bill D. Misner Ph.D. Processed Sugar Intake Negatively Influences Health. bmj.com, 26 Mar 2004

[\[Full text\]](#) Geneva Fiona Fleck. Rich and poor to clash over sugar in WHO's healthy diet plan.

<http://bmj.bmjournals.com/cgi/content/extract/328/7442/730-a>

Bill D. Misner

Micronutrient Dose Rationale 9 May 2003

<http://bmj.com/cgi/eletters/326/7397/1001#32125>

Bill D. Misner

Dietary Sodium Poorly Calculated 24 Jan 2003

<http://bmj.com/cgi/eletters/326/7382/222/a#29088>

Bill D. Misner

Individual Variation in Vitamin C Excretion Rate 18 Jul 2003

<http://bmj.com/cgi/eletters/327/7406/70-a#34606>

Bill D. Misner

A Real Person 11 Jan 2003

<http://bmj.com/cgi/eletters/326/7380/63#28670>

Bill D. Misner

Parkinson's Disease Preventative 3 Jan 2003

<http://bmj.com/cgi/eletters/326/7379/10/a#28357>

Bill D. Misner

BMJ's Political Role In Accepted Papers 21 Dec 2002

<http://bmj.com/cgi/eletters/325/7378/1431#28078>

Bill D. Misner
Placebo May Be A Medicine 6 Dec 2002
<http://bmj.com/cgi/eletters/325/7376/1329#27642>

Bill D. Misner
Diet-induced Folate Deficiency 22 Nov 2002
<http://bmj.com/cgi/eletters/325/7374/1202#27259>

Bill D. Misner
Brain Injury Preventative Protocol 15 Nov 2002
<http://bmj.com/cgi/eletters/325/7373/1133/a#27013>

Bill D. Misner Ph.D.
Lifestyle Is A Preventative Protocol
bmj.com, 23 March 2002 [Full Text]
<http://bmj.com/cgi/eletters/324/7338/635#20742>

Bill D. Misner Ph.D.
Lifestyle Is A Preventative Protocol
bmj.com, 23 March 2002 [Full Text]
<http://bmj.com/cgi/eletters/324/7338/635#20742>

Bill D. Misner Ph.D.
Cancer Risk From Synergistic Dietary Interventions
bmj.com, 24 Mar 2002 [Full text]
<http://bmj.com/cgi/eletters/324/7339/714#20796>

Bill D. Misner Ph.D.
Nurse Practitioners Model Message
bmj.com, 5 Apr 2002 [Full text]
<http://bmj.com/cgi/eletters/324/7341/819#21061>

Bill Misner Ph.D.
Nurse Practitioners Model Care Givers
bmj.com, 6 Apr 2002 [Full text]
<http://bmj.com/cgi/eletters/324/7341/819#21082>

Bill Misner Ph.D.
Are The Risks Of Hormone Therapy Explained?
10 Apr 2002 [Full text]. <http://bmj.com/cgi/eletters/324/7341/827#21174>

Bill Misner Ph.D.
Performance-enhancing Supplements
bmj.com, 12 Apr 2002 [Full text]
<http://bmj.com/cgi/eletters/324/7342/870#21246>

Bill Misner Ph.D.
Consequence Of Drug, Dose, And Risk For Medical Error
bmj.com, 11 May 2002
<http://bmj.com/cgi/eletters/324/7346/1113#22070>

Bill Misner Ph.D.
Probiotic Balance
bmj.com, 20 Jun 2002 [Full text]
<http://bmj.com/cgi/eletters/324/7350/1361#23185>

CANADIAN MEDICAL ASSOCIATION JOURNAL

Bill D. Misner Ph.D. C.S.M.T.

Methylmercury Antidote

Canadian Medical Association Journal. 20 Nov 2002.

eCMAJ, 20 Nov 2002 [Full text]

<http://www.cmaj.ca/cgi/content/full/167/8/897?>

<http://www.cmaj.ca/cgi/eletters/167/8/897#205>

PUBLISHED ARTICLES-REVIEW PAPERS

Misner B. Occhipinti M. Weight Management: A Prominent Component of Health And Fitness The Position Paper Of The American Fitness Professionals and Associates (AFPA) [2001](#).

<http://www.afpafitness.com/articles/AFPAPosWtMg.htm>

Misner B. Occhipinti M. Weight Management ^{Lifestyle} IMPROVES HEALTH AND FITNESS. THE AMERICAN FITNESS PROFESSIONALS AND ASSOCIATES WEIGHT MANAGEMENT POSITION PAPER (2006) ⁵ Published October 14, 2006 @:

<http://www.afpafitness.com/archived.htm>

<http://www.afpafitness.com/AFPAPositionPaperWeightManagement.pdf>

CANCER CURE FOUNDATION

"Nutritional Interventions for Reducing the Negative Side Effects of Chemotherapy."

http://www.cancure.org/Chemo_support.htm

http://www.cancure.org/help_side_effects.htm

<http://www.e-caps.com/>

<http://www.hammernutrition.com/>

<http://nba.com/nba/articles.htm>

<http://www.bright.net/~jrich/Nutrit~1.html>

<http://www.hypermart.net/musclezone>

<http://www.west.net/~staley/welcome.html>

<http://www.myodynamics.com/water.html>

<http://www.worldafricannet.com/life/exercise.html>

http://www.myodynamics.com/nut_articles.html

<http://www2.dgvs.com/~trnutr/info/info.html>

<http://medjournal.com>

<http://www.hypermart.net/musclezone/antifatigue.htm>

MAGAZINE ARTICLES

VOGUE, HEART AND SOUL, RUNNERS WORLD, SKI MAGAZINE, MUSCLE MAGAZINE, MUSCLE MEDIA MAGAZINE, TRAIL RUNNER MAGAZINE, LET'S LIVE MAGAZINE

Dr. Bill Misner, Ph.D.

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Spokane, Washington, 99205

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509-327-5817

800-336-1977

E-mail:

⁵ THE *WEIGHT MANAGEMENT LIFESTYLE* IMPROVES HEALTH AND FITNESS, THE 2006 AMERICAN FITNESS PROFESSIONALS AND ASSOCIATES WEIGHT MANAGEMENT POSITION PAPER @ <http://www.afpafitness.com/articles/AFPAPosWtMg.htm>

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